**Research Evidence**

**UK & Ireland studies**

- **Assessing the obesogenic environment of North East England**, Burgoine T, Alvanides S, Lake AA. Health Place. 2011 Mar 28
- **Nutrition in an ethnically diverse society: what are some of the key challenges?** Szczepura A. Proc Nutr Soc. 2011 Mar 30:1-11
- **Psychological interventions in the treatment of childhood obesity: What we know and need to find out**, Bogle V, Sykes C. J Health Psychol. 2011 Mar 28

**International studies**

- **The Role of Parental Motivation in Family-Based Treatment for Childhood Obesity**, Gunnarsdottir T, Njardvik U, Olafsdottir AS, Craighead LW, Bjarnason R. Obesity (Silver Spring). 2011 Mar 31
- **Dietary Obesity Caused by a Specific Circadian Eating Pattern**, Hariri N, Thibault L. Chronobiol Int. 2011 Apr.;28(3):216-228
- **Using a technology-based intervention to promote weight loss in sedentary overweight or obese adults: a randomized controlled trial study design**, Barry VW, McClain AC, Shuger S, Sui X, Hardin JW, Hand GA, Wilcox S, Blair SN. Diabetes Metab Syndr Obes. 2011 Feb 4;4:67-77
- **Breakfast skipping and change in body mass index in young children**, Tin SP, Ho SY, Mak KH, Wan KL, Lam TH. Int J Obes (Lond). 2011 Mar 29
- **Gestational weight loss in overweight and obese women is associated with an increased risk of small for gestational age infants**, Dodd JM, Robinson JS. Evid Based Med. 2011 Mar 29

• Development of the Motivators of and Barriers to Health-Smart Behaviors Inventory. Tucker CM, Rice KG, Hou W, Kaye LB, Nolan SE, Grandoit DJ, Gonzales L, Smith MB, Desmond FF. Psychol Assess. 2011 Mar 28

• Emotional distress about weight gain and attitude to goal achievement failure as predictors of self-regulatory efficacy: Does ethnicity make a difference? Moore DJ Dr, Williams D. J Health Psychol. 2011 Mar 25


• Exposure to food advertising on television: Associations with children’s fast food and soft drink consumption and obesity. Andreyeva T, Kelly IR, Harris JL. Econ Hum Biol. 2011 Mar 5


Systematic Reviews


In the News

• BBC News:
  - Walnuts are the healthiest nut, say scientists (28/3/11)
  - Sleep patterns affect weight loss (29/3/11)
  - Heartbeat problem ‘largely avoidable’ (29/3/11)
  - Childhood eating disorder care ‘urgently needed’ (1/4/11)

• NHS Choices: behind the headlines
  - Sleep ‘affects weight loss’ (30/3/11)

Latest Reports

• Weight management before, during and after pregnancy (NICE commissioning guidance)
Statistics on Obesity, Physical Activity and Diet: 2011 (Information Centre)
Systematic review on childhood obesity and educational attainment (EPPI Centre)

Tools and Data Updates
Scottish Government: obesity route map
Findings from new FSA food and you survey published

NOO Announcements
Data sources: environmental influences on physical activity and diet briefing paper
Measuring diet and physical activity in weight management interventions briefing paper
Obesity and mental health briefing paper

If you feel we have missed an item or you would like to contribute an item for consideration in future updates please contact: info@noo.org.uk

NOO works in partnership with the Obesity Learning Centre (OLC): www.obesitylearningcentre-nhf.org.uk
Visit the OLC for information on consultations, training and events.

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